

MY  
Busy  
Bees



# COUNTRY WORD SEARCH

Can you find all 19 countries  
where Heifer works?



N E P A L M P A L E C U A D O R L E I A L E P A U  
W E D N W E I U N E T P L I T M N E T N Z E T K N  
S R M E G R M B A N G L A D E S H R M E D R M J I  
E Y S E F Y S T R Y K P W Y S H D Y S R T I S A T  
T G A V X G E Y C G H O H G A X B E L I E V A I E  
H J L H T I L N C J O Y R J L T G J L E A J K X D  
I Z R S A Z C N F Z N E L Z R Z U G A N D A R G S  
O F W O C I E O T F D H Z F E C A F H C W F E P T  
P T Z R L T T U Y T U A A T Z H T T Z I A T Z X A  
I W I H I X Z I K W R P M W I X E W I P I C I U T  
A A O F H A M E P A A P B A M S M A M A X T M G E  
D S B Y B S B F T S S E I S R Y A S C E C A B A S  
R C A M B O D I A C A B A C W K L C A H E N A E R  
G A B M E Q B L O V X T U F A A A V B X S Z S Q T  
T P W O G P M H E P F E R P N M H P W K I A W Y C  
Z N I G E R I A A C Q L R Q D O T A E T Z N E K O  
F Z S F X Y A I L Z I R J Z A Y N T Z O R I V U A  
Y S A T M K E N Y A F O K T E Z N I C Z X A G U A  
M A L A W I H U A E K W A Q L O X A D I E P Z B K  
M E F K Z E L X K G M Y Z G Y M Z E S E N E G A L

BANGLADESH

HAITI

MEXICO

TANZANIA

CAMBODIA

HONDURAS

NEPAL

UGANDA

ECUADOR

INDIA

NIGERIA

UNITED STATES

ETHIOPIA

KENYA

RWANDA

ZAMBIA

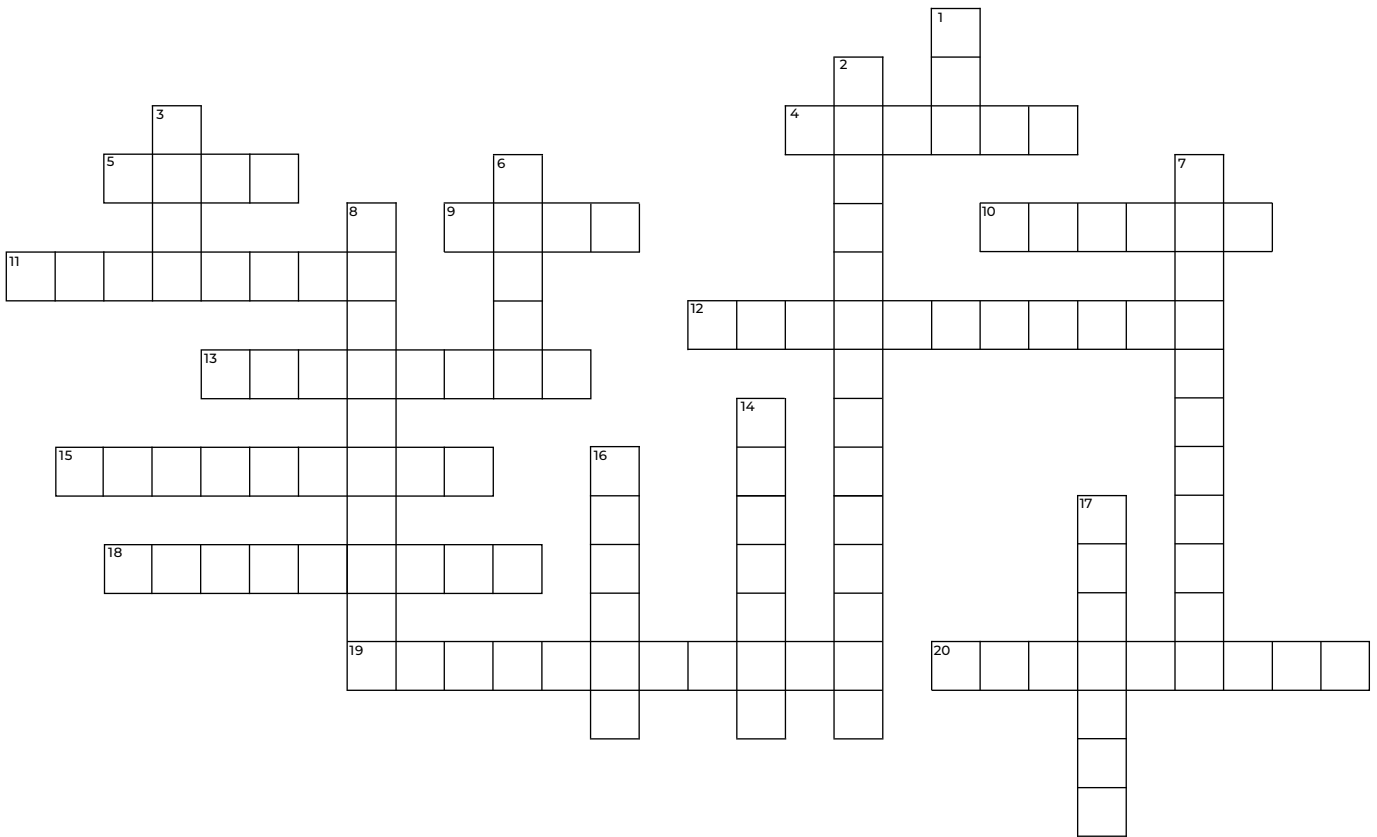
GUATEMALA

MALAWI

SENEGAL



# CROSSWORD PUZZLE



## ACROSS

4. A feeling of discomfort in your stomach and desire to eat caused by a lack of food
5. White liquid produced by cows and goats
9. Inquisitive animal with a beard and two horns that makes a good replacement for a lawn mower
10. Person who works on the land and raises crops and/or livestock
11. Insect that pollinates flowers and makes honey
12. Science and practice of farming and cultivating crops
13. Process of learning, increasing knowledge and developing skills for a specific task or job
15. Adequate and balanced intake of food essential for good health and growth
18. Group of people living in the same area and/or sharing common interests
19. Giving power and control to individuals or communities to make their own choices
20. All domesticated animals raised for meat, milk or labor

## DOWN

1. Product laid by a chicken that can be eaten or sold
2. Ability to maintain a system or process and prevent the depletion of natural resources
3. Structure where honeybees live and store their honey
6. Female members of society, often marginalized and underrepresented
7. Process of improving the quality of life and economic conditions in a community
8. Ability to recover quickly from difficulties and challenges
14. Bird commonly raised on farms that lays eggs
16. Female cow that has not yet borne a calf and is known for giving milk
17. The state of being extremely poor

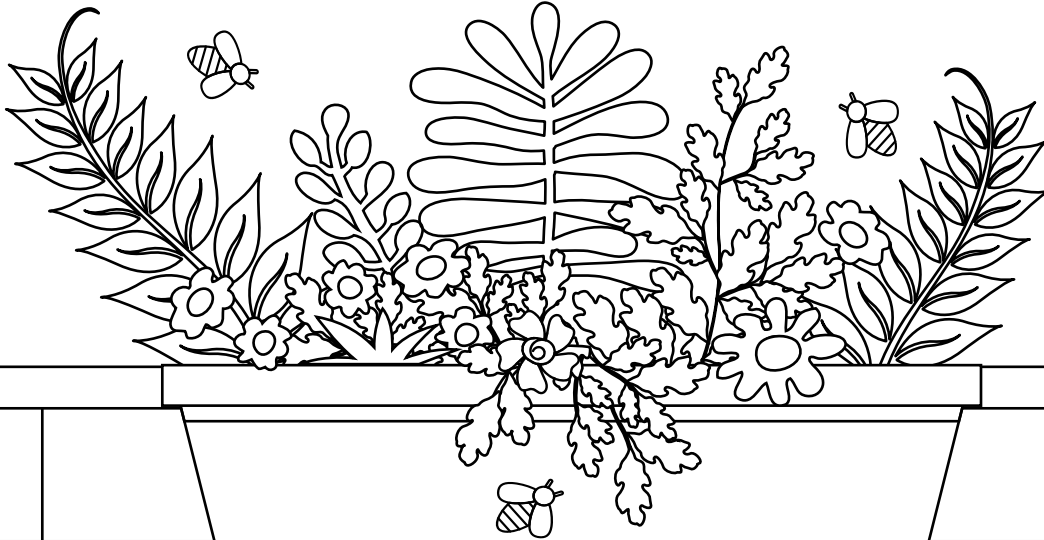
1. egg 2. sustainability 3. hive 4. hunger 5. milk 6. women 7. development  
 8. resilience 9. goat 10. farmer 11. bee 12. agriculture 13. training 14. chicken  
 15. nutrition 16. heifer 17. poverty 18. community 19. empowerment 20. livestock





# MAKE A WINDOWSILL **BEE GARDEN**

You can create a small haven for your local bees and spruce up the view from your window with just a few plants!



## **WHAT YOU NEED:**

- Terracotta pots or a window box
- A small bag of potting soil
- Several bee-friendly plants of your choice (such as lavender, thyme and rosemary)
- One or two small, flat containers
- 1 sheet, tarp or trash bag for your work surface

## **HOW YOU DO IT:**

- 1.** Gently remove your first plant from its plastic or cardboard container, leaving the roots intact.
- 2.** Place the plant in a pot (or window box) of your choice and fill in the sides and top with soil so all of the roots are covered and the plant is stable. Pack the soil lightly.
- 3.** Place your potted plant on the windowsill, water lightly and allow to drain.
- 4.** Repeat until all of your chosen flowers, herbs or plants have been planted, watered and arranged.
- 5.** Place one or two small, shallow containers of water near your flowers so that the bees have a place to rehydrate. (Pollinating is thirsty work, and bees need a ready supply of clean water to function.)
- 6.** Brew a pot of coffee, sit by your new garden window and ponder on the wondrous ease with which you have just helped the environment.