Poverty is a vicious cycle. Those born into poverty are smart and hardworking, yet they often do not have the opportunity to create the lives they deserve. When a child is born into poverty, she grows without knowing the joys of a full stomach. If she is fortunate enough to go to school, hunger pangs make it hard to concentrate. If she gets sick, medicine is too expensive to obtain. If her clothes rip, there is no money to replace them. If she cannot continue her education, she'll have fewer options for work. When she is of age, she marries and begins having children, and the cycle continues.

We do not just give animals.
We connect farmers to resources and support.
We train them on proper animal care.
We teach them to grow crops without hurting the environment.
We help them sell their goods.
We help them get loans.
We teach that women are as strong as men.
We provide clean water with irrigation systems and wells.
We make sure families have money to send all their children to school.
We encourage families to pass on their knowledge and gifts to others in the community.
How we help varies by project, but our goal is to ensure families can meet all their needs.

We know several factors contribute to poverty. That's why our approach is multi-faceted.

By working with individuals, we help them tap into the potential within. It's a process that changes us, them, their families and communities.

We're breaking the cycle, once and for all.
OUR MISSION
We’re on a mission to end hunger and poverty in a sustainable way by supporting and investing alongside local farmers and their communities.

OUR WORK
For more than 75 years, we’ve helped more than 36.7 million families build sustainable farming businesses to support their families. We know that having a secure source of income can be truly transformational for farmers and their communities.

Our work has always focused on farming, because we believe ending poverty begins with agriculture. Cows, goats, chickens and seeds can provide nutritious milk, meat, eggs, food, fodder and so much more for communities living in hunger and poverty.

And with the right training and support, families will be able to take these assets and support their families in ways that allow them to thrive.

OUR GOAL
Our goal is to increase incomes so families can afford nutritious food, shelter, clean water, access to health care and a safe environment to raise their children without worrying when unexpected needs arise.

WHERE WE WORK

AMERICAS
Ecuador / Guatemala / Haiti
Honduras / Mexico / Nicaragua
United States

AFRICA
Ethiopia / Ghana / Kenya / Malawi
Rwanda / Senegal / Tanzania / Uganda
Zambia / Zimbabwe

ASIA
Bangladesh / Cambodia / India / Nepal

LOOKING FORWARD
To strengthen our impact, we have closely aligned our work with the United Nations’ Sustainable Development Goals. When we work together toward a common goal, we can reach that goal even sooner.

Total number of families assisted since Heifer began operations in 1944:
36.7 M